



## Rabbinic Advisory Committee

### PURPOSE OF THE RABBINIC ADVISORY COMMITTEE

The Blue Dove Foundation's Rabbinic Advisory Committee creates a space for Rabbis to engage in the ongoing conversation and share their expertise at the intersection of Jewish and mental health and/or substance abuse. The Advisory Council will be comprised of Rabbis with different Jewish identities, professional experiences and backgrounds.

### EXPECTATIONS OF THE RABBINIC ADVISORY COMMITTEE

- Offer support and consultation with the Blue Dove Foundation staff and/or volunteers about different projects.
  - Sharing professional opinions on a certain topic or answer questions.
  - Create helpful resources on specific ideas.
- Assist with writing articles relating Jewish holidays and texts as it relates to mental health and/or substance abuse. Examples:
  - Purim article by Rabbi Steven Henkin, Just Because It's Hidden Doesn't Mean It's Not There, <https://thebluedovefoundation.org/just-because-its-hidden-doesnt-mean-its-not-there/>
  - Mi Sheberach Prayer for those in recovery <https://thebluedovefoundation.org/recoverymisheberach>
- Encourage your local community to host events/programs/trainings around mental health and/or substance abuse.
- Report back to the Blue Dove Foundation what is being said and talked about in your community as it relates to mental health and/or substance abuse in order to create additional tools and resources.
- Share the Blue Dove Foundation's mission and messages on personal social media accounts and organization/synagogue social media accounts/blogs/newsletters/etc.

### COMMITMENT OF THE RABBINIC ADVISORY COMMITTEE

- Attend quarterly video conferencing calls.
- Be an active and engaged advisory committee member responding to requests and emails in a timely manner.

### ABOUT THE BLUE DOVE FOUNDATION

The Blue Dove Foundation's mission is to educate, equip, and ignite our Jewish community with tools to understand, support, and overcome the challenges presented by mental illness and substance abuse. As a community with a focus on tikkun olam, we work to eradicate the shame and stigma surrounding these issues in our global Jewish community and beyond. Once we achieve this goal, we can begin to improve and save lives.

### THE BLUE DOVE FOUNDATION'S WORK

1. *Education, awareness, and outreach* – We encourage conversations and provide information and tools for individuals and families seeking assistance.
2. *Financial assistance for treatment* – We provide hardship scholarships and/or interest-free loans.
3. *Scalable programs* – We develop, design, and launch easily replicated programs for schools, synagogues, community centers, camps, institutions, and affinity groups. Programs include speaker series, mental health Shabbat dinners, community trainings utilizing the Blue Dove Foundation Mental Wellness Toolkit, and more.