



Transforming the way THE JEWISH COMMUNITY responds to MENTAL HEALTH & SUBSTANCE ABUSE

The topic of mental health and substance abuse is one that is often not discussed in the Jewish community.

It's time to stop suffering silently.

The Blue Dove Foundation is working towards:

- ♦ Advancing the conversation
- ♦ Eradicating the stigma & shame
- ♦ Overcoming the financial barriers to seeking treatment

Our 2018 - 2019 Roadmap:

- ♦ Educational Speaker Series
- ♦ Mental Health Toolkit
- ♦ Zero Interest Loans
- ♦ Yearly Symposiums

NATIONAL RESOURCES

National Domestic Violence Hotline	1-800-799-SAFE
National Sexual Assault Hotline	1-800-656-4673
National Center for Elder Abuse	1-855-500-3537
Al-Anon for Families of Alcoholics	1-800-344-2666
Alcohol and Drug Helpline	1-800-821-4357
National Drug Helpline	1-888-633-3239
Veterans Crisis Line	1-800-273-8255

"Whoever saves a life, saves the world."

- TEACHINGS OF THE TALMUD

