



# Transforming the way THE JEWISH COMMUNITY responds to MENTAL HEALTH & SUBSTANCE ABUSE

The topic of mental health and substance abuse is one that is often not discussed in the Jewish community.

**It's time to stop suffering silently.**

The Blue Dove Foundation is working towards:

- ◆ Advancing the conversation
- ◆ Eradicating the stigma & shame
- ◆ Overcoming the financial barriers to seeking treatment

Our 2018 - 2019 Roadmap:

- ◆ Educational Speaker Series
- ◆ Mental Health Toolkit
- ◆ Zero Interest Loans
- ◆ Yearly Symposiums

## LOCAL RESOURCES

National Alliance on Mental Illness (NAMI)  
1.800.950.NAMI (6264) - [www.nami.org](http://www.nami.org)

The Berman Center  
770.336.7444 - [www.bermancenteratl.com](http://www.bermancenteratl.com)

Hamsa Helps  
1.833.HAMSA.HELPS - [www.hamsahelps.org](http://www.hamsahelps.org)

Jewish Family & Career Services  
770.677.9474 - [www.jfcsatl.org](http://www.jfcsatl.org)

Derech Transitional Living  
678.909.9772 - [www.derechhomes.com](http://www.derechhomes.com)

Jewish Path to Recovery  
404.874.6381 - [www.jewishpathtorecovery.org](http://www.jewishpathtorecovery.org)

Baken Atlanta  
[www.baken-atlanta.org](http://www.baken-atlanta.org)

Eating Disorders Information Network (EDIN)  
404.465.3385 - [www.myedin.org](http://www.myedin.org)

National Domestic Violence Hotline 1-800-799-SAFE

National Sexual Assault Hotline 1-800-656-4673

National Center for Elder Abuse 1-855-500-3537

Al-Anon for Families of Alcoholics 1-800-344-2666

Alcohol and Drug Helpline 1-800-821-4357

National Drug Helpline 1-888-633-3239

Veterans Crisis Line 1-800-273-8255

"Whoever saves a life, saves the world."

- TEACHINGS OF THE TALMUD



The Blue Dove  
FOUNDATION