

8 NIGHTS OF KIDS HANUKKAH GRATITUDE



SHAMASH

I'm grateful for the people
and placed in my
community bringing light to
creating safe spaces for me,
my friends and my family.

Hanukkah is the beloved festival of light. We celebrate by lighting candles or olive oil lamps and through prayers, songs, playing special games and eating delicious foods. The Hanukkah story, and especially the hanukkiah lights, are particularly important to those experiencing a dark or unknown place. Hanukkah can be described as the triumph of spiritual light and lasting truth over darkness, emptiness and falsehood. Adapted from Richard Zwolinski, LMHC, CASAC & C.R.

This Hanukkah, stop and think about eight miracles of your own. Write them down and reflect.

NIGHT # 1

NIGHT # 2

NIGHT # 3

NIGHT # 4

NIGHT # 5

NIGHT # 6

NIGHT # 7

NIGHT # 8



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#QuietingTheSilence