

## SUPPORTING CHILDREN THROUGH A FAMILY MEMBER'S DEATH BY SUICIDE



A candid conversation between two moms whose husbands died by suicide. They discuss how they supported their children through the grief, what helped and what didn't, including Jewish rituals and supports.

**Jennifer's bio:** Jennifer Greenberg is a highly motivated media professional with 18 years of experience in buying and planning broadcast, digital, out-of-home, social, mobile and direct-response media. She has a strong passion for cultivating client and partner relationships and finding innovative media solutions to achieve business and communication goals. Jennifer's husband died by suicide in 2016.

**Kaiya's bio:** Kaiya Goldhammer is an early childhood educator in the Foundation School of Congregation Neveh Shalom in Portland, Ore., where she and her two children are members. She has training in the Nurtured Heart approach to working with children, and in her spare time she enjoys reading, hiking and writing. Kaiya's husband died by suicide in 2020.